

### REMARKS

Claims 1-32 are pending and rejected.

Claim 14 is cancelled.

Claims 1, 15, 19, 21, and 22 are amended in accordance with the attached to further distinguish the claims from Gatts. Gatts does not establish a plurality of body types based on the shape of the person's body. Gatts also does not prescribe an exercise regimen based on the person's body type classification, fitness level and fitness goal. The claims as revised are thus novel to Gatts.

We appreciate the examiner taking the time to discuss his rejection. In light of our Claim Amendments and Remarks, we request a favorable acceptance of all the claims. If further discussion of any issues can resolve any remaining issues, please contact me.